October 23, 1976

Dear Harold:

I am passing on your questions in re spectros and NAAs to Steve Alexander, who tells me that he is already gathering up some material for you. It seems that some worthwhile data will soon be reaching you.

Permit some totally unsolicited comments. From some FBI documents that were given over to the Alpert (a genuine New Left theorist and activist of 1960s vintage, and a friend), it is made graphically clear that the FBI had a remarkably keen interest in his heart problem for which he was hospitalized; shortly after he was released from the hospital, he began to get mysterious late-hour phonecalls in which an anonymous caller would say: "You're going to die from a heart attack" and then slam the phone. All this might be just coincidence. Perhaps Adlai Stevenson's and C Wright Mills' and a few others' (Dorothy Kilgallen's?) are also just so many unrelated tragedies. I think that the level of medical technology in the hands of the CIA and FBI, however, should not be overlooked. I cannot say where this should go exactly, but there does seem to be a need for autopsies dealing with allegedly "natural" deaths as well as assassinations. Does any group or individual pursue this concern systematically?

Although in my research on nutrition I had already come to realize the value of Vitamin E in preventing and even curing heart disease, I have come to the point where I would be inclined to encourage radicals (especially those incurring the wrath of the state directly) to take high dosages of same as a general step toward "preventive medicine."

On a more mundane level, do let me know if the college library has yet ordered the books you've published.

All the best,
Irwin
Irwin Sperber